

# LES HORAIRES DE PASSAGE

## Le Poinçonnet - Panazol Limoges Métropole / Samedi 13 mars 2021

Remise des Dossards : de 9h à 11h15

Réunion Directeurs Sportifs : 10h45

Appel des coureurs : 12h

Départ fictif : 12h20

Départ réel : 12h30

**Trajet promenade (4,3 km) : Le Poinçonnet**, Rue du 30 août 1944 > Rue Jean Bouin > Allée Paul Rue > Avenue de la Forêt - D.990 - **Départ réel**, sur la D.990 après 2<sup>e</sup> rond-point (Km 4.3)

KMS à parcourir	KMS parcourus	KMS partiel	Routes	Itinéraire	Moyennes horaires			Observations
					44 km/h	42 km/h	40 km/h	
<b>INDRE (36)</b>								
				<b>LE POINÇONNET</b> - Gymnase, rue du 30 août 1944	12:20	12:20	12:20	<b>Départ Fictif</b>
<b>159.8</b>	0.0		D.990	300 m après 2 <sup>e</sup> rond-point	12:30	12:30	12:30	<b>Départ Réel</b>
148.9	10.9	10.9		<b>BUXIÈRES-D'AILLAC</b>	12:45	12:45	12:46	
137.1	22.7	11.8		<b>CLUIS</b>	13:00	13:02	13:03	
123.5	36.3	13.6		<b>AIGURANDE</b>	13:19	13:21	13:24	
122.6	37.2	0.9		<b>Sprint</b>	13:20	13:23	13:26	<b>Sprint</b>
122.3	37.5	0.3		Intersection D.990/D.951b	13:21	13:23	13:26	
121.6	38.2	0.7	D.951	<b>CREUSE (23)</b>	13:22	13:24	13:27	
113.2	46.6	8.4		Point bas M.G.	13:33	13:36	13:40	
112.0	47.8	1.2		<b>CHAMBON-SAINTE-CROIX</b>	13:34	13:38	13:41	
110.3	49.5	1.7		<b>Côte de Chambon (3,38 %)</b>	13:37	13:40	13:44	<b>M.G.</b>
101.0	58.8	9.3		<b>DUN-LE-PALESTEL</b>	13:49	13:53	13:58	
100.6	59.2	0.4		<b>Sprint</b>	13:50	13:54	13:59	<b>Sprint</b>
100.4	59.4	0.2		Intersection D.951/D.913	13:50	13:54	13:59	
98.9	60.9	1.5	D.913	Intersection D.913/D.5	13:53	13:57	14:01	
90.1	69.7	8.8	D.5	Intersection D.5/N.145/D.912	14:04	14:09	14:14	
81.9	77.9	8.2	D.912	Intersection D.912/D.4	14:16	14:21	14:27	
81.9	77.9		D.4	<b>LE GRAND-BOURG</b>	14:16	14:21	14:27	
81.5	78.3	0.4		<b>Sprint</b>	14:16	14:21	14:27	<b>Sprint</b>
81.3	78.5	0.2		Intersection D.4/D.912a1	14:17	14:22	14:28	
76.5	83.3	4.8	D.912a1	<b>BÈNEVENT-LABBAYE</b>	14:23	14:29	14:35	
76.0	83.8	0.5		Intersection D.912a1/D.914	14:24	14:29	14:35	
75.4	84.4	0.6	D.914	Intersection D.914/D.62	14:25	14:30	14:36	
68.9	90.9	6.5	D.62	Intersection D.62/D.50	14:34	14:40	14:46	
68.6	91.2	0.3	D.50	Intersection D.50/D.62	14:34	14:40	14:47	
66.1	93.7	2.5	D.62	Point bas M.G.	14:37	14:43	14:50	
63.0	96.8	3.1		Intersection D.62/D.48	14:41	14:48	14:55	
61.8	98.0	1.2	D.48	<b>SAINT-GOUSSAUD - Inters.D.48/D.57a</b>	14:44	14:50	14:57	
61.8	98.0		D.57a	<b>Côte de Saint-Goussaud (5,19 %)</b>	14:44	14:50	14:57	<b>M.G.</b>
57.4	102.4	4.4	D.114	<b>HAUTE-VIENNE (87)</b>	14:49	14:56	15:03	
56.2	103.6	1.2		<b>JABREILLES</b>	14:51	14:58	15:05	
54.7	105.1	1.5		<b>Lieu-dit Les Bordes</b>	14:53	15:00	15:08	
52.9	106.9	1.8		Intersection D.114/D.8a2	14:56	15:03	15:10	
51.0	108.8	1.9	D.8a2	Intersection D.8a2/D.914	14:58	15:05	15:13	
49.6	110.2	1.4	D.914	<b>LA JONCHÈRE SAINT-MAURICE</b>	15:00	15:07	15:15	
42.0	117.8	7.6		<b>AMBAZAC</b>	15:10	15:18	15:26	
39.5	120.3	2.5		Intersection D.914/D.44	15:14	15:21	15:30	
32.1	127.7	7.4	D.44	<b>SAINT-PIERRE-TAURION</b>	15:24	15:32	15:41	
31.5	127.9	0.2		Intersection D.44/D.29	15:25	15:33	15:42	
31.5	128.3	0.4	D.29	Intersection D.29/D.44	15:25	15:33	15:42	
31.3	128.5	0.2	D.44	Point bas M.G.	15:25	15:33	15:43	
28.9	130.9	2.4		<b>Côte de Saint-Just-le-Martel (5,25 %)</b>	15:29	15:37	15:47	<b>M.G.</b>
28.4	131.4	0.5		<b>SAINT-JUST-LE-MARTEL</b>	15:29	15:37	15:47	
27.6	132.2	0.8		Intersection D.44/C.1	15:30	15:39	15:48	
27.2	132.6	0.4	C.1	Intersection C.1/Route du Vert	15:30	15:39	15:49	
21.2	138.6	6.0	C.11	Intersection C.11/D.140	15:39	15:48	15:58	
20.3	139.5	0.9	D.140	<b>PANAZOL</b>	15:40	15:49	15:59	
19.8	140.0	0.5		Intersection D.140/Rue de la Quintaine	15:41	15:50	16:00	
19.1	140.7	0.7	.....	Inters. Rue Maréchal Jourdan/D.224	15:41	15:50	16:00	
19.0	140.8	0.1	D.224	Inters. D.224/Rue Ferdinand Foch	15:41	15:50	16:00	
18.6	141.2	0.4		<b>1<sup>er</sup> passage sur la ligne d'Arrivée</b>	15:42	15:51	16:01	
18.4	141.4	0.2		Inters. Avenue Pierre Guillot/D.140	15:42	15:51	16:01	
18.2	141.6	0.2	D.140	Inters. D.140/Rue Turgot	15:43	15:52	16:02	
17.4	142.4	0.8		Cisaillage D.941	15:44	15:53	16:03	
16.8	143.0	0.6		Lieu-dit La Petite Prade	15:45	15:54	16:04	
16.2	143.6	0.6		Lieu-dit Le Rouvelloux	15:45	15:55	16:05	
15.5	144.3	0.7		Lieu-dit Fonsalade	15:46	15:56	16:06	
14.4	145.4	1.1		Lieu-dit Marliat	15:48	15:57	16:08	
12.8	147.0	1.6		Inters. Rte de la Tuillère/Rue du Pourtour	15:50	16:00	16:11	
11.6	148.2	1.2		Inters. Rue du Pourtour/D.44	15:52	16:01	16:12	
11.0	148.8	0.6	D.44	Cisaillage D.941	15:52	16:02	16:13	
9.3	150.5	1.7		<b>SAINT-JUST-LE-MARTEL</b>	15:55	16:05	16:15	
9.0	150.8	0.3		Intersection D.44/C.1	15:55	16:05	16:15	
8.6	151.2	0.4	C.1	Intersection C.1/Route du Vert	15:56	16:06	16:16	
2.6	157.2	6.0	C.11	Intersection C.11/D.140	16:04	16:14	16:26	
1.7	158.1	0.9	D.140	<b>PANAZOL</b>	16:05	16:16	16:27	
1.2	158.6	0.5		Intersection D.140/Rue de la Quintaine	16:06	16:16	16:28	
0.5	159.3	0.7	.....	Inters. Rue Maréchal Jourdan/D.224	16:07	16:17	16:29	
0.4	159.4	0.1	D.224	Inters. D.224/Rue Ferdinand Foch	16:07	16:17	16:29	
0.0	159.8	0.4		<b>ARRIVÉE</b>	16:07	16:18	16:29	<b>Arrivée</b>