

3^{ème} étape : LE LONZAC – LIGINIAC (jeudi 18 août 2016)

Caravane Publicitaire : Départ Place Gabriel Cérézat : 11 h 05

Appel des coureurs : 12 h 10

Signature Coureurs : de 11 h 10 à 12 h 10

Départ fictif : 12 h 20 (parcours promenade : 4,5 km)

Départ réel arrêté : 12 h 30

KMS à parcourir	KMS parcourus	Routes	Itinéraire	Alt.	Carav pub	Moyennes horaires			Observations
						44 km/h	42 km/h	40 km/h	
CORREZE (19)									
		D.940	LE LONZAC – Place Gabriel Cérézat	452 m	11 :05	12 :20	12 :20	12 :20	Départ fictif
179.9	0.0		Lieu-dit « Boulou »	513 m	11 :15	12 :30	12 :30	12 :30	Départ réel
177.0	2.9		Intersection D.940/.....	564 m	11 :19	12 :34	12 :34	12 :34	
175.4	4.5	AFFIEUX	535 m	11 :21	12 :36	12 :36	12 :37	
175.0	4.9		Intersection/D.3 ^E 3	523 m	11 :22	12 :37	12 :37	12 :38	
169.0	10.9	D.3 ^E 3	Intersection D.3 ^E 3/D.24	329 m	11 :30	12 :45	12 :46	12 :47	
164.1	15.8	D.24	LE LONZAC	423 m	11 :36	12 :51	12 :52	12 :53	
163.4	16.5		Intersection D.24/D.940	452 m	11 :37	12 :52	12 :53	12 :55	
160.4	19.5	D.940	Intersection D.940/D.26	511 m	11 :41	12 :56	12 :58	12 :59	
159.6	20.3	D.26	Intersection D.26/D.121	518 m	11 :42	12 :57	12 :59	13 :00	
158.2	21.7	D.121	MADRANGES	566 m	11 :44	12 :59	13 :00	13 :02	
155.2	24.7		Intersection D.121/D.128 - Point bas MG	610 m	11 :48	13 :03	13 :05	13 :06	Point bas MG
146.8	33.1	D.128	Côte du Bos (2,70 %)	836 m	12 :00	13 :15	13 :17	13 :19	M.G. 3
144.5	35.4		Intersection D.128/D.16	709 m	12 :03	13 :18	13 :20	13 :23	
134.9	45.0	D.16	SAINT YRIEIX LE DEJALAT	742 m	12 :16	13 :31	13 :34	13 :38	
126.2	53.7		EGLETONS	642 m	12 :28	13 :43	13 :46	13 :50	
125.0	54.9		Cisaillement D.1089	614 m	12 :30	13 :45	13 :49	13 :53	
124.1	55.8		Sprint	639 m	12 :30	13 :45	13 :49	13 :53	Sprint
109.2	70.7		LAPLEAU	527 m	12 :51	14 :06	14 :10	14 :16	
103.8	76.1		Point bas MG	321 m	12 :59	14 :14	14 :19	14 :24	Point bas MG
99.5	80.4		SOURSAC	530 m	13 :04	14 :19	14 :24	14 :30	
98.9	81.0		Côte de Soursac (4,72 %)	552 m	13 :05	14 :20	14 :26	14 :32	M.G. 2
98.0	81.9		Intersection D.16/D.166	506 m	13 :07	14 :22	14 :27	14 :33	
95.8	84.1	D.166	LATRONCHE	546 m	13 :10	14 :25	14 :30	14 :36	
95.5	84.4		Intersection D.166/D.55	547 m	13 :10	14 :25	14 :30	14 :36	
91.2	88.7	D.55	ST PANTALEON DE LAPLEAU	594 m	13 :15	14 :30	14 :36	14 :42	
85.6	94.3		ST HILAIRE-LUC	564 m	13 :48	14 :38	14 :44	14 :51	
81.2	98.7		Intersection D.55/D.991 Début Zone de Ravitaillement	565 m	13 :54	14 :44	14 :50	14 :57	Ravitaillement
80.8	99.1	D.991	LAMAZIERE-BASSE	574 m	13 :55	14 :45	14 :51	14 :58	
80.7	99.2		Intersection D.991/D.88	580 m	13 :55	14 :45	14 :51	14 :58	
77.9	102.0	D.88	Fin Zone de Ravitaillement	634 m	13 :59	14 :49	14 :56	15 :03	
74.4	105.5		PALISSE	612 m	14 :04	14 :54	15 :00	15 :08	
69.5	110.4		Intersection D.88/D.171	681 m	14 :10	15 :00	15 :07	15 :15	
69.3	110.6	D.171	Intersection D.171/D.120	682 m	14 :10	15 :00	15 :08	15 :16	
66.1	113.8	D.120	Intersection D.120/D.108	680 m	14 :14	15 :04	15 :12	15 :20	
63.3	116.6	D.108	Intersection D.108/D.982	672 m	14 :19	15 :09	15 :16	15 :24	
63.3	116.6	D.982	Int. D.982/D.108 – CHIRAC-BELLEVUE	672 m	14 :19	15 :09	15 :16	15 :24	
62.8	117.1	D.108	Sprint	658 m	14 :20	15 :10	15 :17	15 :25	Sprint
62.5	117.4		Intersection D.108/D.63	672 m	14 :20	15 :10	15 :17	15 :25	
62.4	117.5	D.63	Intersection D.63/.....Vo	658 m	14 :20	15 :10	15 :18	15 :26	
59.3	120.6	C.1	ST ETIENNE LA GENESTE	613 m	14 :24	15 :14	15 :22	15 :31	
58.9	121.0		Intersection C.1/D.168	586 m	14 :25	15 :15	15 :23	15 :32	
57.4	122.5	D.168	STE MARIE-LAPANOUZE	584 m	14 :27	15 :17	15 :25	15 :34	
55.8	124.1		Intersection D.168/D.20	579 m	14 :29	15 :19	15 :27	15 :36	
55.2	124.7	D.20	LIGINIAC	564 m	14 :29	15 :19	15 :28	15 :37	
55.0	124.9		Intersection D.20/D.108	553 m	14 :30	15 :20	15 :29	15 :38	
54.2	125.7	D.108	Intersection D.108/.....	587 m	14 :31	15 :21	15 :29	15 :38	
53.5	126.4	1^{er} passage sur la Ligne d'Arrivée	558 m	14 :32	15 :22	15 :30	15 :39	
53.4	126.5		Intersection/D.20	562 m	14 :32	15 :22	15 :30	15 :39	
52.9	127.0	D.20	Intersection D.20/V.3	581 m	14 :33	15 :23	15 :32	15 :40	
50.4	129.5	V.3	Intersection V.3/.....	666 m	14 :36	15 :26	15 :35	15 :44	
50.3	129.6	Lieu-dit « Manzagol »	662 m	14 :36	15 :26	15 :35	15 :44	
49.8	130.1		Intersection/D.183	657 m	14 :37	15 :27	15 :36	15 :45	
48.0	131.9	D.183	Intersection D.183/D.20	639 m	14 :40	15 :30	15 :39	15 :48	
47.2	132.7	D.20	Intersection D.20/D.42	633 m	14 :40	15 :30	15 :39	15 :49	
46.5	133.4	D.42	Intersection D.42/.....	617 m	14 :41	15 :31	15 :40	15 :50	
46.1	133.8	Lieu-dit « Longvert »	617 m	14 :42	15 :32	15 :40	15 :50	
44.5	135.4		Lieu-dit « Monange »	627 m	14 :44	15 :34	15 :43	15 :53	
42.8	137.1		SERANDON	566 m	14 :47	15 :37	15 :46	15 :55	
42.3	137.6		Intersection/D.20 ^E 1	594 m	14 :47	15 :37	15 :46	15 :56	
42.2	137.7	D.20 ^E 1	Sprint	597 m	14 :47	15 :37	15 :46	15 :56	Sprint
39.5	140.4		Intersection D.20 ^E 1/D.20	631 m	14 :51	15 :41	15 :50	16 :00	
35.9	144.0	D.20	NEUVIC	628 m	14 :56	15 :46	15 :56	16 :06	
35.3	144.6		Intersection D.20/Rue des Ganottes	609 m	14 :57	15 :47	15 :56	16 :06	

34.8	145.1	Intersection Rue des Ganottes/D.982	623 m	14 :58	15 :48	15 :57	16 :07	
26.3	153.6	D.982	Int. D.982/D.108	667 m	15 :09	15 :59	16 :09	16 :20	
26.2	153.7	D.108	CHIRAC-BELLEVUE	668 m	15 :09	15 :59	16 :09	16 :20	
25.4	154.5		Intersection D.108/D.63	672 m	15 :10	16 :00	16 :10	16 :21	
25.3	154.6	D.63	Intersection D.63/..... Vo	658 m	15 :10	16 :00	16 :10	16 :21	
22.3	157.6	C.1	ST ETIENNE LA GENESTE	613 m	15 :14	16 :04	16 :15	16 :26	
21.9	158.0		Intersection C.1/D.168	586 m	15 :15	16 :05	16 :16	16 :27	
21.7	158.2	D.168	Intersection D.168/D.168 ^E 2	586 m	15 :15	16 :05	16 :16	16 :27	
19.0	160.9	D.168 ^E 2	Intersection D.168 ^E 2/.....	596 m	15 :20	16 :10	16 :20	16 :32	
18.4	161.5	Barrage des Chaumettes	553 m	15 :20	16 :10	16 :20	16 :32	
17.1	162.8		Lieu-dit Le Verdier	622 m	15 :21	16 :11	16 :22	16 :34	
15.1	164.8		Intersection/D.979	637 m	15 :24	16 :14	16 :23	16 :36	
14.0	165.9	D.979	MARGERIDES	672 m	15 :26	16 :16	16 :27	16 :39	
13.6	166.3		Intersection D.979/D.45 ^E 2	667 m	15 :26	16 :16	16 :27	16 :39	
10.9	169.0	D.45 ^E 2	Intersection D.45 ^E 2/D.20	541 m	15 :30	16 :20	16 :31	16 :43	
9.9	170.0	D.20	Pont de Rotabourg - Point bas MG	494 m	15 :32	16 :22	16 :33	16 :45	Point bas MG
7.1	172.8		ROCHE LE PEYROUX	605 m	15 :35	16 :25	16 :36	16 :49	
7.1	172.8		Côte de Roche le Peyroux (3,97 %)	605 m	15 :35	16 :25	16 :36	16 :49	M.G. 3
1.7	178.2		LIGINIAC	564 m	15 :43	16 :33	16 :44	16 :57	
1.5	178.4		Intersection D.20/D.108	553 m	15 :43	16 :33	16 :44	16 :57	
0.7	179.2	D.108	Intersection D.108/.....	587 m	15 :44	16 :34	16 :46	16 :58	
0.0	179.9	LIGNE D'ARRIVEE	558 m	15 :45	16 :35	16 :47	17 :00	ARRIVEE